



BABY CARE

PRENATAL ESSENTIALS™

THE SAFE AND EFFECTIVE CHOICE

A QUALITY PRENATAL SUPPLEMENT

- As a registered FDA Drug Establishment, USANA follows pharmaceutical standards for quality, strength, identity, and purity
- BabyCare Prenatal Essentials will appear in the 2014 edition of the *Physicians' Desk Reference*
- Comes with a potency guarantee

SUPERIOR NUTRITION

- Contains safe and effective levels of nutrients
- Formulated with beta-carotene—the provitamin carotenoid form of vitamin A, which does not pose a toxicity risk. One daily dose contains the same levels you'd find in one carrot
- An excellent source of iron and folic acid
- Additional nutrients, such as choline, vitamin K, selenium, and chromium make the BabyCare Prenatal Essentials a well-rounded supplement for supporting a healthy mother and baby*

"I highly recommend USANA supplements to my patients and have consistently seen their positive influence within our patient population. I wouldn't be comfortable recommending any other brand."

—Michelle Harden, MD, obstetrician/gynecologist

PRENATAL MEGA ANTIOXIDANT

SUPPLEMENT FACTS	
SERVING SIZE: 2 TABLETS	
AMOUNT PER SERVING	%DV*
VITAMIN A (AS BETA CAROTENE)	7,500 IU 90%
VITAMIN C (AS CALCIUM, POTASSIUM, MAGNESIUM & ZINC ASCORBATES)	650 mg 1080%
VITAMIN D3 (AS CHOLECALCIFEROL)	900 IU 225%
VITAMIN E (AS D-ALPHA TOCOPHERYL SUCCINATE)	200 IU 670%
VITAMIN B1 (AS THIAMIN HCL)	13.5 mg 790%
VITAMIN B2 (AS RIBOFLAVIN)	13.5 mg 675%
NIACIN (AS NIACIN AND NIACINAMIDE)	20 mg 100%
VITAMIN B6 (AS PYRIDOXINE HCL)	16 mg 640%
FOLATE (AS FOLIC ACID)	500 µg 60%
VITAMIN B12 (AS CYANOCOBALAMIN)	100 µg 1250%
BIOTIN	150 µg 50%
PANTOTHENIC ACID (AS D-CALCIUM PANTOTHENATE)	45 mg 450%

OTHER INGREDIENTS: MICROCRYSTALLINE CELLULOSE, INOSITOL, PREGELATINIZED STARCH, RUTIN, MIXED TOCOPHEROLS, CROSCARMELOSE SODIUM, CHOLINE BITARTRATE, N-ACETYL L-CYSTEINE, HESPERIDIN, ASCORBYL PALMITATE, DEXTRIN, OLIVOL™, OLEA EUROPAEA (OLIVE FRUIT) EXTRACT**, QUERCETIN, ALPHA-LIPOIC ACID, SILICON DIOXIDE, CAMELLIA SINENSIS (GREEN TEA) EXTRACT, CURCUMA LONGA (TURMERIC) EXTRACT, LUTEIN, COENZYME Q10, PUNICA GRANATUM (POMEGRANATE) EXTRACT, LYCOPENE, VITAMIN K, DEXTROSE, SOY LECITHIN, CINNAMOMUM CASSIA (CINNAMON) EXTRACT, SODIUM CARBOXYMETHYLCELLULOSE, VACCINIUM MYRTILLUS L. (BILBERRY) EXTRACT, SODIUM CITRATE. CONTAINS SOY.

DIRECTIONS: TAKE TWO (2) TABLETS TWICE DAILY WITH FOOD.

NDC 51861-103

PRENATAL CHELATED MINERAL

SUPPLEMENT FACTS	
SERVING SIZE: 2 TABLETS	
AMOUNT PER SERVING	%DV*
CALCIUM (AS CALCIUM CITRATE AND CALCIUM CARBONATE)	135 mg 10%
IODINE (AS POTASSIUM IODIDE)	150 µg 100%
MAGNESIUM (AS MAGNESIUM CITRATE AND MAGNESIUM AMINO ACID CHELATE)	150 mg 35%
ZINC (AS ZINC CITRATE)	10 mg 70%
COPPER (AS COPPER GLUCONATE)	1 mg 50%
IRON (AS FERROUS FUMARATE USP)	14 mg 80%

OTHER INGREDIENTS: MICROCRYSTALLINE CELLULOSE, HYDROXYPROPYL CELLULOSE, CROSCARMELOSE SODIUM, ASCORBYL PALMITATE, MANGANESE GLUCONATE, SELENIUM AMINO ACID COMPLEX, PREGELATINIZED STARCH, SILICON DIOXIDE, DEXTRIN, L-SELENOMETHIONINE, CALCIUM SILICATE, HYDROLYZED RICE PROTEIN, VANADIUM CITRATE, MOLYBDENUM CITRATE, DEXTROSE, SOY LECITHIN, CHROMIUM POLYNICOTINATE, ULTRA TRACE MINERALS, VANILLA EXTRACT, SODIUM CARBOXYMETHYL CELLULOSE, SODIUM CITRATE. CONTAINS SOY.

DIRECTIONS: TAKE TWO (2) TABLETS TWICE DAILY WITH FOOD.

NDC 51861-102



Contact your local USANA Associate for more information.



USANA
INDEPENDENT ASSOCIATE

USANA Health Sciences, 3838 West Parkway Blvd., Salt Lake City, UT 84120

*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.



Mother/Child

BabyCare Prenatal Mega Antioxidant

A comprehensive vitamin supplement for pregnant women and their developing babies



ITEM #103

USANA's **BabyCare Prenatal Mega Antioxidant** supplies a carefully formulated range of pure, high-quality vitamins at safe levels that help support your healthy pregnancy and a healthy baby.*

THE BENEFITS OF BABYCARE PRENATAL MEGA ANTIOXIDANT

When it comes to optimal health, it is often necessary to consume amounts of nutrients that are higher than the RDA (Recommended Daily Allowance), which are generally considered the minimal recommendations for avoiding deficiency. When you're pregnant, your nutritional needs are increased, but many prenatal vitamins provide only the minimal RDA amounts for pregnant women.

BabyCare Prenatal Mega Antioxidant provides essential vitamins, including folic acid and vitamin A (as beta carotene), to help support the healthy growth and development of your baby—before, during, and after pregnancy. Plus, it will provide added nutrition to help you maintain your energy level, and support your immune system. Additionally, it will help your body recover after giving birth.*

Healthful diets with adequate folate may reduce a woman's risk of having a child with a brain or spinal cord defect. Because it is needed for closure of the neural tube in the very first weeks of pregnancy, any woman of childbearing years should take folic acid. When taken as directed, **BabyCare Prenatal Mega Antioxidant** is an excellent source of 1,000 µg of folic acid, which is more bioavailable than the folate you'll find in food.

The B vitamins, which include thiamin, riboflavin, niacin, folic acid, vitamin B6, vitamin B12, biotin, and pantothenic acid, are important to support energy metabolism and healthy organ development. Vitamins B6 and B12 also support red blood cell formation, which is critical because a woman's blood volume increases by nearly 50 percent during pregnancy. **BabyCare Prenatal Mega Antioxidant** provides 32 mg of B6 and 200 µg of B12 in each daily dose.

THE SCIENCE OF BABYCARE PRENATAL MEGA ANTIOXIDANT

The rapidly dividing cells of the developing fetus require biotin to aid in regulating healthy cellular responses. **BabyCare Prenatal Mega Antioxidant** is an excellent source of biotin.

Vitamin A is important during fetal development and supports formation of the circulatory system, heart, eyes, ears, and limbs. **BabyCare Prenatal Mega Antioxidant** is a good source of vitamin A. It contains 15,000 IU of beta carotene per day, which is equivalent to the level contained in one carrot. The beta carotene form of vitamin A is a safe, non-retinoid form of this essential nutrient that poses no toxicity risk.

Another important antioxidant, vitamin C is essential for helping the body make collagen, which is a building block for cartilage, tendons, bones, and skin. It also supports iron absorption.*

Aside from helping to develop strong bones and teeth by aiding calcium absorption, recent studies have shown a positive correlation between maternal vitamin D status and healthy neonatal outcomes, including healthy birth weight. **BabyCare Prenatal Mega Antioxidant** is rich in vitamin D.* Depending on your diet and the amount of sunlight you get regularly, you may want to also add USANA's **Vitamin D** supplement to your nutritional regimen (see page 29).

THE USANA DIFFERENCE

As with all USANA nutritionals, **BabyCare Prenatal Mega Antioxidant** is made following the same manufacturing processes as are used for pharmaceutical products, using only safe, pure ingredients and tested for guaranteed potency. Plus, additional vitamins, such as vitamin K and choline, make **BabyCare Prenatal Mega Antioxidant** a well-balanced supplement for supporting the health of your future family.*

DIRECTIONS: TAKE TWO (2) TABLETS TWICE DAILY, WITH FOOD.

SUPPLEMENT FACTS

SERVING SIZE: 2 TABLETS

AMOUNT PER SERVING	%DV*
VITAMIN A (AS BETA CAROTENE)	7,500 IU 90%
VITAMIN C (AS CALCIUM, POTASSIUM, MAGNESIUM & ZINC ASCORBATES)	650 mg 1080%
VITAMIN D3 (AS CHOLECALCIFEROL)	900 IU 225%
VITAMIN E (AS D-ALPHA TOCOPHERYL SUCCINATE)	200 IU 670%
VITAMIN B1 (AS THIAMIN HCL)	13.5 mg 790%
VITAMIN B2 (AS RIBOFLAVIN)	13.5 mg 675%
NIACIN (AS NIACIN AND NIACINAMIDE)	20 mg 100%
VITAMIN B6 (AS PYRIDOXINE HCL)	16 mg 640%
FOLATE (AS FOLIC ACID)	500 µg 60%
VITAMIN B12 (AS CYANOCOBALAMIN)	100 µg 1250%
BIOTIN	150 µg 50%
PANTOTHENIC ACID (AS D-CALCIUM PANTOTHENATE)	45 mg 450%

*%DV FOR PREGNANT WOMEN.

OTHER INGREDIENTS: MICROCRYSTALLINE CELLULOSE, INOSITOL, PREGELATINIZED STARCH, RUTIN, MIXED TOCOPHEROLS, CROSCARMELOSE SODIUM, CHOLINE BITARTRATE, N-ACETYL L-CYSTEINE, HESPERIDIN, ASCORBYL PALMITATE, DEXTRIN, OLIVOL® OLEA EUROPAEA (OLIVE FRUIT) EXTRACT**, QUERCETIN, ALPHA-LIPOIC ACID, SILICON DIOXIDE, CAMELLIA SINENSIS (GREEN TEA) EXTRACT, CURCUMA LONGA (TURMERIC) EXTRACT, LUTEIN, COENZYME Q10, PUNICA GRANATUM (POMEGRANATE) EXTRACT, LYCOPENE, VITAMIN K, DEXTROSE, SOY LECITHIN, CINNAMOMUM CASSIA (CINNAMON) EXTRACT, SODIUM CARBOXYMETHYLCELLULOSE, VACCINIUM MYRTILLUS L. (BILBERRY) EXTRACT, SODIUM CITRATE.

**PROTECTED UNDER US PATENTS 6,358,542 OR 6,361,803.

CONTAINS SOY.

PRECAUTIONS/WARNINGS: FOLIC ACID IS IMPROPER THERAPY IN THE TREATMENT OF PERNICIOUS ANEMIA AND OTHER MEGALOBlastic ANEMIAS WHERE VITAMIN B12 IS DEFICIENT. FOLIC ACID ABOVE 1 mg DAILY MAY OBSCURE PERNICIOUS ANEMIA IN THAT HEMATOLOGIC REMISSION CAN OCCUR WHILE NEUROLOGICAL MANIFESTATIONS PROGRESS.

KEEP OUT OF REACH OF CHILDREN. CONSULT YOUR PHYSICIAN IF YOU ARE PREGNANT, NURSING, TAKING A PRESCRIPTION DRUG, OR HAVE A MEDICAL CONDITION.

LABORATORY TESTED. QUALITY GUARANTEED. MEETS USP SPECIFICATIONS FOR POTENCY, UNIFORMITY, AND DISINTEGRATION, WHERE APPLICABLE.

DO NOT USE IF SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.

STORAGE: STORE BELOW 25° C

References

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Mother/Child

BabyCare Prenatal Chelated Mineral

A comprehensive mineral supplement for pregnant women and their developing babies

Designed to complement **BabyCare Prenatal Mega Antioxidant**, **BabyCare Prenatal Chelated Mineral** supplies pure, high-quality minerals at safe levels to help support a healthy pregnancy for mothers and healthy growth and development for babies.*

THE BENEFITS OF BABY-CARE PRENATAL CHELATED MINERAL

One half of the **BabyCare Prenatal Essentials™**, **BabyCare Prenatal Chelated Mineral** provides essential minerals, such as iron and iodine, which you need to support the healthy growth and development of your baby—before, during, and after pregnancy. Plus, it will provide the nutrition you need to keep feeling good and to help support your body after giving birth.*

BabyCare Prenatal Chelated Mineral is also an excellent source of magnesium, which is needed to support healthy fetal growth and support calcium absorption for strong bones and teeth.*

This supplement also contains copper, which aids in the production of red blood cells, along with supporting fetal development.*

THE SCIENCE OF BABY-CARE PRENATAL CHELATED MINERAL

Because maternal blood volume increases by nearly 50 percent during pregnancy, iron supplementation beginning by the second trimester is important for supporting the production of red blood cells, which help transport oxygen and nutrients to the baby. Maternal iron is also needed during pregnancy and lactation to provide the infant with sufficient iron stores to last through the first four to six months of life, after which supplementary feeding is usually recommended. **BabyCare Prenatal Chelated Mineral** is an excellent source of iron.

Calcium is important for a healthy pregnancy and maintaining the mother's bone density, which is especially important as calcium is transferred to the baby for developing bones, teeth, and muscles.*

A woman's need for iodine increases considerably during pregnancy and while nursing. It is needed for maternal thyroid hormone production, which plays a role in fetal neurocognitive development. Deficiency of iodine is accepted as the most common cause of preventable brain damage in the world. Iodine deficiency during pregnancy can negatively impact cognitive function. **BabyCare Prenatal Chelated Mineral** contains high potency iodine.

Zinc deficiency has been linked to low birth weight and an increased risk of developing delivery complications, so maintaining adequate levels is especially important for a healthy pregnancy. Zinc also supports healthy fetal cell growth.*

THE USANA DIFFERENCE

Carefully formulated by a team of nutritional-science experts using safe levels of the purest ingredients, and made to the same high standards as pharmaceutical products, **BabyCare Prenatal Chelated Mineral** provides excellent potency and quality. It is also formulated with additional minerals, such as selenium, chromium, and manganese, which may not be found in other prenatal supplements. Make sure to complement **BabyCare Prenatal Chelated Mineral** with **Active Calcium™ Chewable**, as needed, to increase your daily calcium and magnesium intake to recommended levels (see page 32). When taken together with **BabyCare Prenatal Mega Antioxidant**, you will have balanced and comprehensive nutritional support for the health of your future family.*



ITEM #102

DIRECTIONS: TAKE TWO (2) TABLETS TWICE DAILY WITH FOOD.

SUPPLEMENT FACTS

SERVING SIZE: 2 TABLETS

AMOUNT PER SERVING	%DV*
CALCIUM (AS CALCIUM CITRATE AND CALCIUM CARBONATE)	135 mg 10%
IODINE (AS POTASSIUM IODIDE)	150 µg 100%
MAGNESIUM (AS MAGNESIUM CITRATE AND MAGNESIUM AMINO ACID CHELATE)	150 mg 35%
ZINC (AS ZINC CITRATE)	10 mg 70%
COPPER (AS COPPER GLUCONATE)	1 mg 50%
IRON (AS FERROUS FUMARATE USP)	14 mg 80%

OTHER INGREDIENTS: MICROCRYSTALLINE CELLULOSE, HYDROXYPROPYL CELLULOSE, CROSCARMELOSE SODIUM, ASCORBYL PALMITATE, MANGANESE GLUCONATE, SELENIUM AMINO ACID COMPLEX, PREGELATINIZED STARCH, SILICON DIOXIDE, DEXTRIN, L-SELENOMETHIONINE, CALCIUM SILICATE, HYDROLYZED RICE PROTEIN, VANADIUM CITRATE, MOLYBDENUM CITRATE, DEXTROSE, SOY LECITHIN, CHROMIUM POLYNICOTINATE, ULTRA TRACE MINERALS, VANILLA EXTRACT, SODIUM CARBOXYMETHYL CELLULOSE, SODIUM CITRATE.

CONTAINS SOY.

CONSULT YOUR PHYSICIAN IF YOU ARE PREGNANT, NURSING, TAKING A PRESCRIPTION DRUG, OR HAVE A MEDICAL CONDITION.

DO NOT USE IF SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.

STORAGE: STORE BELOW 25° C.

QUESTIONS OR COMMENTS? FOR INFORMATION, CONTACT

1-800-950-9595.

USANA HEALTH SCIENCES, INC., 3838 W. PARKWAY BLVD., SALT LAKE CITY, UTAH 84120 USA

WARNING: ACCIDENTAL OVERDOSE OF IRON-CONTAINING PRODUCTS IS A LEADING CAUSE OF FATAL POISONING IN CHILDREN UNDER 6. KEEP THIS PRODUCT OUT OF REACH OF CHILDREN. IN CASE OF ACCIDENTAL OVERDOSE, CALL A DOCTOR OR POISON CONTROL CENTER IMMEDIATELY.

References

- Bath S, Steer C, Golding J, Emmett P, Rayman MP. Maternal iodine status during pregnancy and the impact on cognitive outcomes in the offspring. 2011. Proceedings of the Nutrition Society 70(OCE6): E386.
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PRENATAL MEGA ANTIOXIDANT

PRENATAL VITAMIN SUPPLEMENT 112 TABLETS

SUPPLEMENT FACTS

SERVING SIZE: 2 TABLETS

AMOUNT PER SERVING		%DV*
VITAMIN A (AS BETA CAROTENE)	7,500 IU	90%
VITAMIN C (AS CALCIUM, POTASSIUM, MAGNESIUM & ZINC ASCORBATES)	650 mg	1080%
VITAMIN D3 (AS CHOLECALCIFEROL)	900 IU	225%
VITAMIN E (AS D-ALPHA TOCOPHERYL SUCCINATE)	200 IU	670%
VITAMIN B1 (AS THIAMIN HCL)	13.5 mg	790%
VITAMIN B2 (AS RIBOFLAVIN)	13.5 mg	675%
NIACIN (AS NIACIN AND NIACINAMIDE)	20 mg	100%
VITAMIN B6 (AS PYRIDOXINE HCL)	16 mg	640%
FOLATE (AS FOLIC ACID)	500 µg	60%
VITAMIN B12 (AS CYANOCOBALAMIN)	100 µg	1250%
BIOTIN	150 µg	50%
PANTOTHENIC ACID (AS D-CALCIUM PANTOTHENATE)	45 mg	450%

*%DV FOR PREGNANT WOMEN.

OTHER INGREDIENTS: MICROCRYSTALLINE CELLULOSE, INOSITOL, PREGELATINIZED STARCH, RUTIN, MIXED TOCOPHEROLS, CROSCARMELOLLOSE SODIUM, CHOLINE BITARTRATE, N-ACETYL L-CYSTEINE, HESPERIDIN, ASCORBYL PALMITATE, DEXTRIN, OLIVOL® *OLEA EUROPAEA* (OLIVE FRUIT) EXTRACT**, QUERCETIN, ALPHA-LIPOIC ACID, SILICON DIOXIDE, *CAMELLIA SINENSIS* (GREEN TEA) EXTRACT, *CURCUMA LONGA* (TURMERIC) EXTRACT, LUTEIN, COENZYME Q10, *PUNICA GRANATUM* (POMEGRANATE) EXTRACT, LYCOPENE, VITAMIN K, DEXTROSE, SOY LECITHIN, *CINNAMOMUM CASSIA* (CINNAMON) EXTRACT, SODIUM CARBOXYMETHYLCELLULOSE, *VACCINIUM MYRTILLUS L.* (BILBERRY) EXTRACT, SODIUM CITRATE.

**PROTECTED UNDER US PATENTS 6,358,542 OR 6,361,803.

CONTAINS SOY.

INDICATIONS: USANA PRENATAL MEGA ANTIOXIDANT IS A MULTIVITAMIN SUPPLEMENT INDICATED TO IMPROVE THE NUTRITIONAL NEEDS OF WOMEN DURING PREGNANCY. IT ALSO IMPROVES THE NUTRITIONAL BALANCE DURING A MOTHER'S POSTNATAL PERIOD FOR LACTATING AND NON-LACTATING WOMEN.

DIRECTIONS: TAKE TWO (2) TABLETS TWICE DAILY WITH FOOD.

PRECAUTIONS/WARNINGS: FOLIC ACID IS IMPROPER THERAPY IN THE TREATMENT OF PERNICIOUS ANEMIA AND OTHER MEGALOBLASTIC ANEMIAS WHERE VITAMIN B12 IS DEFICIENT. FOLIC ACID ABOVE 1 mg DAILY MAY OBSCURE PERNICIOUS ANEMIA IN THAT HEMATOLOGIC REMISSION CAN OCCUR WHILE NEUROLOGICAL MANIFESTATIONS PROGRESS.

KEEP OUT OF REACH OF CHILDREN. CONSULT YOUR PHYSICIAN IF YOU ARE PREGNANT, NURSING, TAKING A PRESCRIPTION DRUG, OR HAVE A MEDICAL CONDITION.

LABORATORY TESTED, QUALITY GUARANTEED. MEETS USP SPECIFICATIONS FOR POTENCY, UNIFORMITY, AND DISINTEGRATION, WHERE APPLICABLE.

DO NOT USE IF SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.

STORAGE: STORE BELOW 25° C

QUESTIONS OR COMMENTS? FOR INFORMATION, CONTACT 1-800-950-9595

USANA HEALTH SCIENCES, INC., 3838 W. PARKWAY BLVD., SALT LAKE CITY, UTAH 84120 USA

103.010188 LB.000602 MADE IN USA



PRENATAL CHELATED MINERAL

PRENATAL MINERAL SUPPLEMENT 112 TABLETS

SUPPLEMENT FACTS

SERVING SIZE: 2 TABLETS

AMOUNT PER SERVING		%DV*
CALCIUM (AS CALCIUM CITRATE AND CALCIUM CARBONATE)	135 mg	10%
IODINE (AS POTASSIUM IODIDE)	150 µg	100%
MAGNESIUM (AS MAGNESIUM CITRATE AND MAGNESIUM AMINO ACID CHELATE)	150 mg	35%
ZINC (AS ZINC CITRATE)	10 mg	70%
COPPER (AS COPPER GLUCONATE)	1 mg	50%
IRON (AS FERROUS FUMERATE USP)	14 mg	80%

*%DV FOR PREGNANT WOMEN

OTHER INGREDIENTS: MICROCRYSTALLINE CELLULOSE, HYDROXYPROPYL CELLULOSE, CROSCARMELLOSE SODIUM, ASCORBYL PALMITATE, MANGANESE GLUCONATE, SELENIUM AMINO ACID COMPLEX, PREGELATINIZED STARCH, SILICON DIOXIDE, DEXTRIN, L-SELENOMETHIONINE, CALCIUM SILICATE, HYDROLIZED RICE PROTEIN, VANADIUM CITRATE, MOLYBDENUM CITRATE, DEXTROSE, SOY LECITHIN, CHROMIUM POLYNICOTINATE, ULTRA TRACE MINERALS, VANILLA EXTRACT, SODIUM CARBOXYMETHYL CELLULOSE, SODIUM CITRATE.

INDICATIONS: USANA PRENATAL CHELATED MINERAL IS A MULTIMINERAL SUPPLEMENT INDICATED TO IMPROVE THE NUTRITIONAL NEEDS OF WOMEN DURING PREGNANCY. IT ALSO IMPROVES THE NUTRITIONAL BALANCE DURING A MOTHER'S POST NATAL PERIOD FOR LACTATING AND NON-LACTATING WOMEN.

DIRECTIONS: TAKE TWO (2) TABLETS TWICE DAILY WITH FOOD.

WARNINGS:

WARNING: ACCIDENTAL OVERDOSE OF IRON CONTAINING PRODUCTS IS A LEADING CAUSE OF FATAL POISONING IN CHILDREN UNDER 6. KEEP THIS PRODUCT OUT OF REACH OF CHILDREN. IN CASE OF ACCIDENTAL OVERDOSE, CALL A DOCTOR OR POISON CONTROL CENTER IMMEDIATELY.

CONSULT YOUR PHYSICIAN IF YOU ARE PREGNANT, NURSING, TAKING A PRESCRIPTION DRUG, OR HAVE A MEDICAL CONDITION.

DO NOT USE IF SAFETY SEAL UNDER CAP IS BROKEN OR MISSING.

STORAGE: STORE BELOW 25° C.

QUESTIONS OR COMMENTS? FOR INFORMATION, CONTACT 1-800-950-9595.

USANA HEALTH SCIENCES, INC. 3838 W. PARKWAY BLVD., SALT LAKE CITY, UTAH 84120 USA

MADE IN USA 102.010188 LB.000567



US

POTENCY
GUARANTEED