# THE SCIENCE BEHIND USANA HEPA PLUS®

## Lend Your Liver a Hand

The liver is an important organ that performs many vital functions. It processes almost everything we ingest, breathe, or absorb through the skin. It plays an important role in digestion and metabolism, and it also produces a variety of important proteins, including enzymes, hormones, blood proteins, clotting factors, and immune factors. The liver also plays a critical role in detoxification.

Because the liver performs so many vital functions, it is crucially important to maintain healthy liver function. **Hepa Plus** was designed for those who are interested in supporting healthy liver function. Many individuals can benefit from **Hepa Plus**, but normal liver detoxification is especially relevant for individuals exposed to pollution, chemicals, or other toxins on a recurring basis.

### Detoxification

Our body's detoxifying organ, the liver serves as a clearing station, to help the body break down harmful waste products. Its importance is magnified by the amount of foreign toxins that enter the body through the air we breathe, the water we drink, and the food we eat. The liver produces digestive and detoxifying enzymes that assist the body by modifying toxic metabolites and foreign chemicals, reducing their toxicity. Afterward, the toxins are eliminated from the body. **Hepa Plus** assists the liver in its normal function of cleansing the body of the toxins it encounters on a regular basis.

### Hepa Plus: What Makes It Work?

- Choline helps process dietary fat and transport it from the liver.
- Milk-thistle extract provides strong antioxidant properties to help defend against oxidative stress generated by the detoxification process. Phytochemicals in milk thistle also assist with protein synthesis, which may help regenerate liver cells.
- Alpha lipoic acid supports important enzymes both inside and outside the cells.
- N-Acetyl L-Cysteine scavenges free radicals inside and outside the cell and promotes detoxification.

### Hepa Plus: What Makes It Better?

 The first product of its kind made using USANA's innovative Nutritional Hybrid Technology.



- The proprietary antioxidant blend that includes turmeric extract and patented Olivol™ olive-fruit extract is unmatched for liver support.
- Created based on credible, peer-reviewed science, Hepa Plus is made with the same commitment to quality, safety, and purity that you have come to expect from USANA.

Contact your local USANA Associate for more information.



